

Game 6: Make it Real Through Feel

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The purpose of this game is not really about trying to get close to a target although that ability will naturally result in good scores on the course. The goal is to bridge the gap between what you think you did versus what actually happened, 'your execution versus the actual result'. To bridge this gap requires feel, awareness and a good sense of how you need to and how you did deliver the club. E.g. did you use the right amount speed, find the centre of the face, and use the right amount of loft? If you manage to heighten this awareness you're on the path to becoming a highly-skilled pitcher.

Rules of the Game

This is a 20-ball game. Select random yardages between 30-90 yards. The objective is to pick a target distance, e.g. 74 yards and then attempt to execute that distance. As soon as the shot has been struck call out your prediction of what you think/feel the distance the ball was hit. Once the ball has landed, find out what the actual result is compared to your prediction. Reflect on your judgement, feel and awareness throughout the game. If you have a launch monitor this game is ideal, or you and a buddy with a range finder can make it work.

Game 1		Game 2		Game 3		Game 4		Game 5	
Prediction	Actual	Prediction	Actual	Prediction	Actual	Prediction	Actual	Selected	Actual